



Protecting Nurses Protect Patients!

Ecaterina Gulie, RN, MS
Romanian Nursing Association
nursingro@rdslink.ro

Romanian Nursing Association

- RNA was founded in 1990
- 1997 RNA joined to ICN for second time - first time - London, 1937
- European Federation of Nurses (EFN)
- Nursing and Midwifery Forum - EFNNMA (WHO)
- The RNA goals:

To improve quality nursing services in order to protect the Public health, **to protect patients;**

To protect nurses and nursing becoming a **VOICE** for both.

National Legislation

- Order no. 994 of August 10, 2004
the approval of the surveillance and control of nosocomial infections in health units :
Annex V- Universal Precaution PU;
- Order 916 of July 27, 2006 (Order 916/2006)
the approval of the surveillance, prevention and control of nosocomial infections in health units:
Annex IV - Universal Precaution PU;
Annex V - METHODOLOGY FOR SURVEILLANCE AND CONTROL OF ACCIDENTS WITH EXPOSURE TO BIOLOGICAL PRODUCTS FROM STAFF TO WORK IN THE FIELD OF HEALTH - 1. Justification: Currently, in Romania they are not collected sufficient information to evaluate risk exposure and to estimate the incidence of infection after exposure to blood and biological products to staff working in healthcare.

Reporting of occupational exposure CNLAS (Anti AIDS Commission of the Ministry of Health) collected in 2003-2004:

	Numar expuneri profesionale	Numar profilaxii post-expunere
	profesionala	
2003	94	70
2004	96	75
TOTAL	190	145

Occupational groups exposed to risk of infection accidents

At the Infectious Diseases Institute "Prof. Dr. Matei Bals" (IBI) were recorded 37 cases in 2003 and 55 in 2004. For all these cases to apply the Protocol on Prevention Professional Post-exposure prophylaxis (PPEP), including hepatitis B vaccination and chemoprophylaxis with antiretroviral

Health Professionals exposed to risk of infection - Institute of Infectious Diseases "Prof. Dr. Matei Bals"

- | Categoria profesionala | Numar cazuri/expuneri | Procent (%) |
|-------------------------|-----------------------|-------------|
| medic chirurg | 3 | 3,3 |
| medic stomatolog | 1 | 1,1 |
| medic alte specialitati | 32 | 34,8 |
| medic rezident | 8 | 8,7 |
| student | 7 | 7,6 |
| student stomatolog | 5 | 5,4 |
| asistenta medicala | 29 | 31,5 |
| infirmiera | 2 | 2,2 |
| tehnician dentar | 1 | 1,1 |
| ingrijitoare | 1 | 1,1 |
| brancardier | 2 | 2,2 |
| voluntar | 1 | 1,1 |
| TOTAL | 92 | 100 |

RNA Project

- The project Injections without risks was developed by RNA in 1996
- Workshop - Nosocomial infection, ICN and 3M - 1999, train of trainers.



Current situation in nursing practice

- In some workplaces there are not enough nurses
- New, migration of nurses from public to private sectors (Bucharest)
- There are not enough material resources or some time lack, and patients need to buy its (syringes, tubes for blood tests, medicament, gloves).
- Nurses buy their equipment (uniforms and clean them at home)
- Are not good working conditions in some places
- Devices are not always safe

Sharps Injuries are not reported by nurses

- Unfortunately, injuries are not reported, while at the level of the hospital there are: epidemiological department, occupational medicine office, medical staff.
- Example: last year in the Emergency Hospital where worked 3017 health workers were reported three cases of sharps injuries.
- The doctors from occupational medicine recommended them to make some blood tests, and to come back after six months for a new evaluation. Nurses did not follow the recommendation and have not returned to the occupational medicine cabinet.

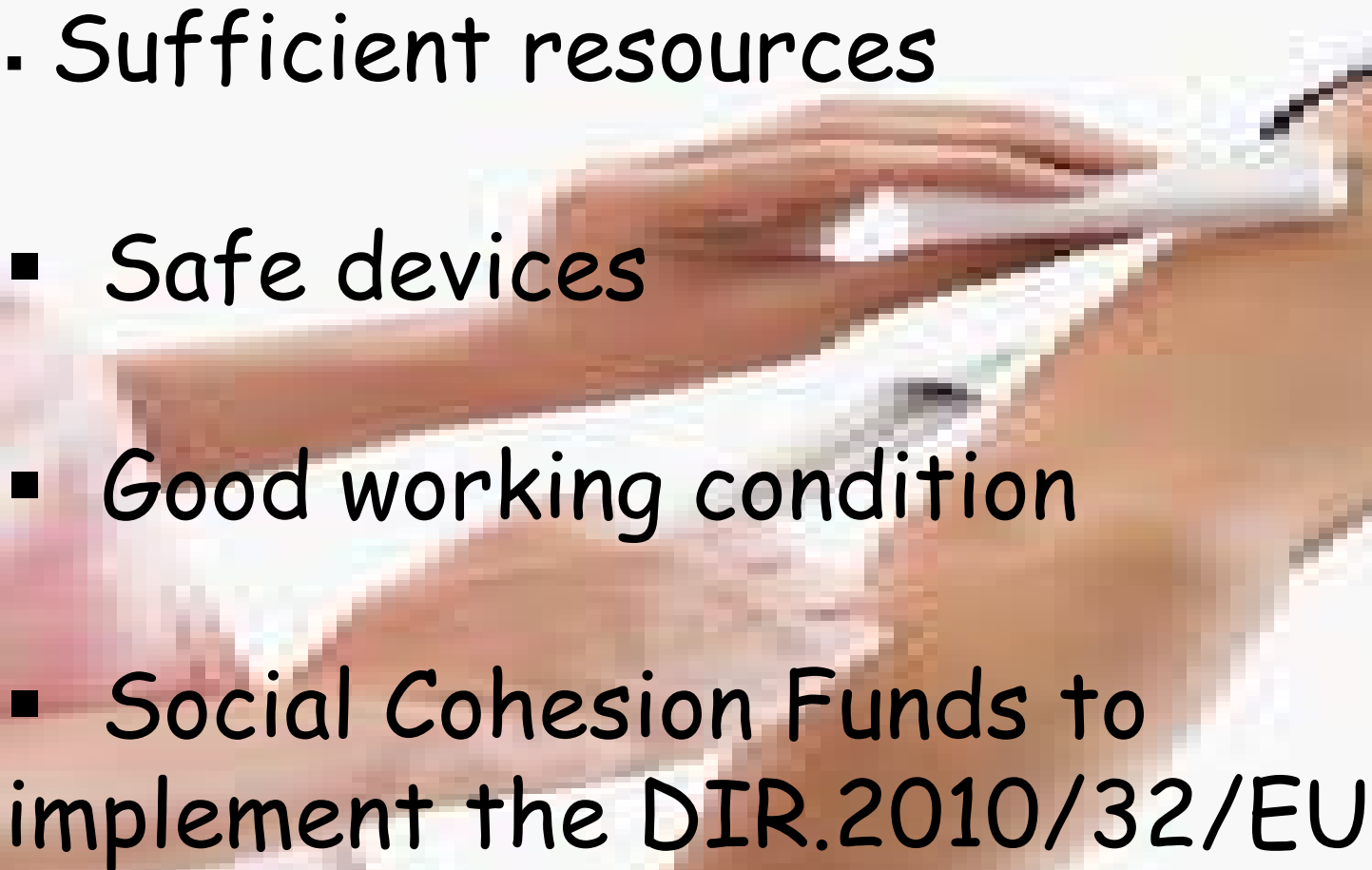


What is needed?

- Information and Awareness Raising
- Research and System of reporting
- Training nurse trainers
- Developing practical teaching and learning materials
- Continue education for new nurses
- Developing practical guide
- Training students in nursing school



What is needed?

- Sufficient resources
 - Safe devices
 - Good working condition
 - Social Cohesion Funds to implement the DIR.2010/32/EU
- 

EU Sharps Injuries - Implementation Guidance

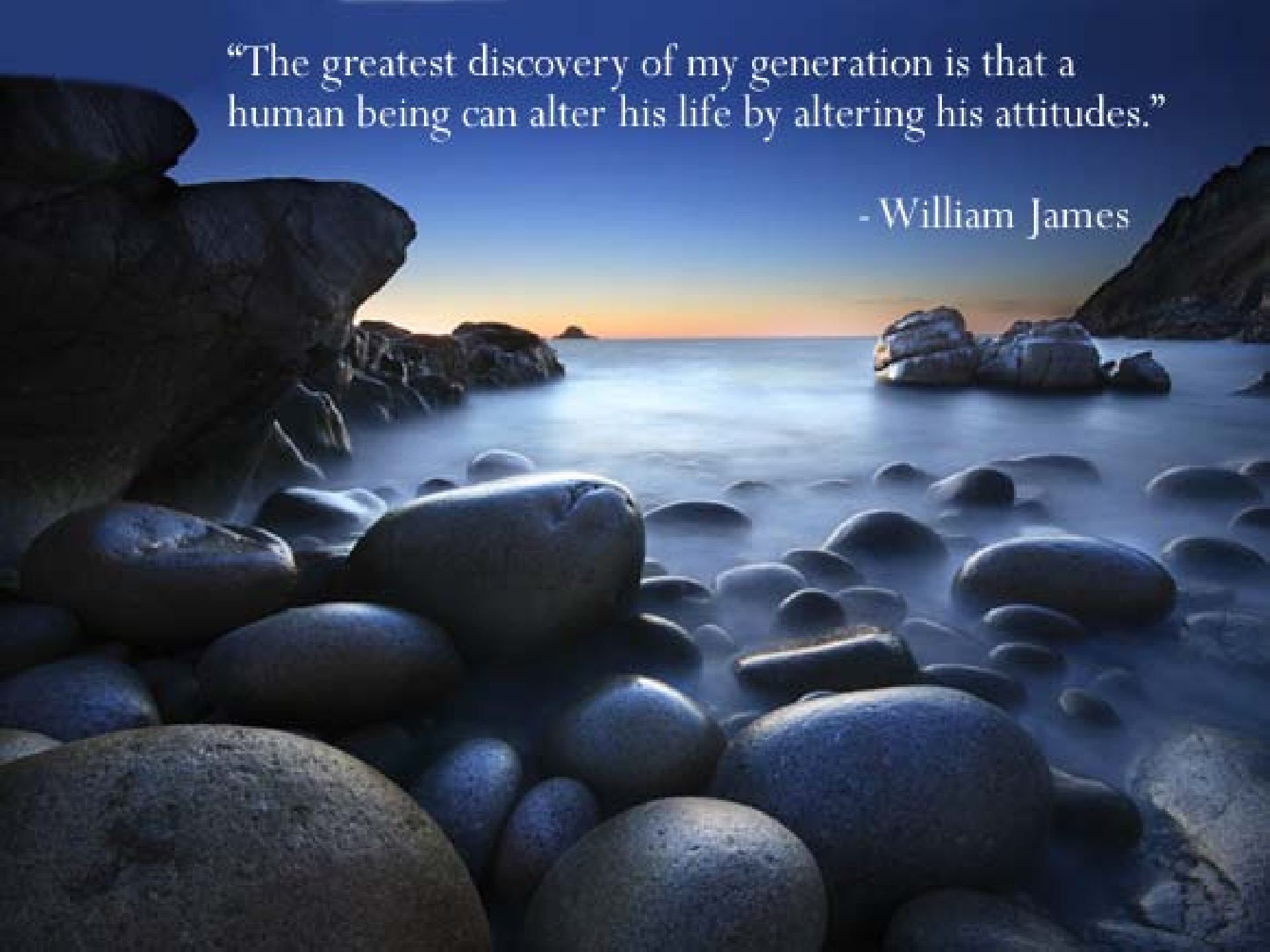
- RNA informed nurses about the DIR. 2010/32/EU
- Translation in Romanian language - EU Sharps Injuries - Implementation Guidance
- RNA informed Nursing Association from Republica Moldova about the DIR. 2010/32/EU and sent it, also RNA sent the translation of the Implementation Guidance in Romanian language
- Published the EU Sharps Injuries - Implementation Guidance in the number two of our revue called "Nursing"



 *Nursing...a profession with heart* 

Romanian Nursing Association

THANK YOU EFN!



“The greatest discovery of my generation is that a human being can alter his life by altering his attitudes.”

- William James